



FEBRUARY 2024



POTATOES



			1:00 DISMISSAL Meatball Sub Doritos Mini Carrots/Dip Apple Slices GRAB & GO SALAD (7-12)	School Pizza Pasta Salad Creamed Lettuce Mixed Fruit
			Muffin Yogurt Parfait Craisins	Cinnamon Roll String Cheese Apple Slices
Waffle Sausage Potato Triangle Cherry Star Juice Applesauce GRAB & GO SALAD (7-12)	Corn Dog Vegetable or Wedding Soup Broccoli & Cauliflower/Dip Pears GRAB & GO SALAD (7-12)	Chicken Drumsticks Whipped Potatoes & Gravy Corn Strawberries Biscuit GRAB & GO SALAD (7-12)	Chicken Nuggets (K-12) General Tso (6-12) Rice Broccoli Mandarin Oranges GRAB & GO SALAD (7-12)	Cheese Pizza Three Bean Salad Tossed Salad Apple
Poptart Yogurt Mixed Fruit	Cocoa Cherry Bar Cereal Applesauce	Breakfast Sandwich or Cereal & Tiger Bites Craisins	Muffin Yogurt Parfait Strawberries	Breakfast Tornado String Cheese Mandarin Oranges
French Toast Sausage Tater Tots Sunset Sip Juice Applesauce GRAB & GO SALAD (7-12)	Chicken Patty Beef Noodle or Potato Soup Peppers & Cucumbers/Dip Peaches GRAB & GO SALAD (7-12)	Lasagna Steamed Zucchini Blueberries Bread Jell-O GRAB & GO SALAD (7-12)	Cheeseburger (K-12) Buffalo Chicken Wrap (6-12) Sweet Potato Fries Baked Beans Mixed Fruit GRAB & GO SALAD (7-12)	Breakfast Pizza Tossed Salad Orange
Granola Bar Yogurt Apple	Banana Bread Cereal Applesauce	Egg & Cheese Wrap or Cereal & Tiger Bites Peaches	Muffin Yogurt Parfait Craisins	Funnel Cake String Cheese Mixed Fruit
NO SCHOOL	Italian Wrap Turkey Noodle or Cabbage Soup Mini Carrots/Dip Mango GRAB & GO SALAD (7-12)	Hamburger or Fish Sandwich Macaroni & Cheese Peas Coleslaw Strawberries GRAB & GO SALAD (7-12)	Chicken Nuggets French Fries Tossed Salad Peaches GRAB & GO SALAD (7-12)	Stuffed Crust Pizza Broccoli Salad Pineapple & Grapes
	Sweet Roll Cereal Orange	Breakfast Sandwich or Cereal & Tiger Bites Mango	Muffin Yogurt Parfait Strawberries	Pancake Stick String Cheese Peaches
Pancakes Sausage Potato Triangle Dragon Juice Applesauce GRAB & GO SALAD (7-12)	Hot Dog Chili or Chicken Noodle Soup Broccoli & Cauliflower/Dip Tropical Fruit GRAB & GO SALAD (7-12)	Soft Taco Lettuce & Tomato Salsa Refried Beans Blueberries GRAB & GO SALAD (7-12)	Nachos, Beef & Cheese Corn Apple Slices Pepperoni Roll GRAB & GO SALAD (7-12)	
Nutri Grain Bar Yogurt Pineapple	Donut Cereal Applesauce	Egg & Cheese Wrap or Cereal & Tiger Bites Applesauce	Muffin Yogurt Parfait Craisins	

BREAKFAST & LUNCH ARE FREE FOR ALL STUDENTS

BREAKFAST INCLUDES JUICE & MILK, LUNCH INCLUDES MILK—Fat Free, 1% & Fat Free Chocolate Milk

MENU SUBJECT TO CHANGE

Keep your children healthy & strong with SNAP & nutritious foods all year long. Apply for SNAP at 1-833-834-2900 or online at www.TapestryOfHealth.org

