




AUGUST/SEPTEMBER 2023



PEPPERS



	Ham & Cheese Wrap Chips Mini Carrots/Dip Applesauce	Hot Dog Macaroni Salad Baked Beans Strawberries	Cheeseburger Potato Triangles Mixed Fruit	Stromboli Roll Dipping Sauce Corn Pineapple & Grapes
	Granola Bar Cereal Craisins	Egg & Cheese Wrap or Cereal & Tiger Bites Applesauce	Muffin Yogurt Parfait Peaches	Cinnamon Roll Cereal Mixed Fruit
NO SCHOOL	Corn Dog Creamed Lettuce Broccoli & Cauliflower/Dip Pears	Soft Taco Lettuce & Tomato Salsa Refried Beans Blueberries	Meatball Sub French Fries Tropical Fruit	School Pizza Pasta Salad Apple Slices
	Banana Bread Cereal Pineapple	Breakfast Sandwich or Cereal & Tiger Bites Pears	Muffin Yogurt Parfait Raisins	Apple Turnover String Cheese Tropical Fruit
Pancakes Sausage Potato Triangles Dragon Juice Applesauce GRAB & GO SALAD (7-12)	Italian Wrap Tossed Salad Mini Carrots/Dip Peaches GRAB & GO SALAD (7-12)	Salisbury Steak Whipped Potatoes & Gravy Green Beans Strawberries Dinner Roll GRAB & GO SALAD (7-12)	Cheeseburger (K-12) Buffalo Chicken Wrap (6-12) Chips Baked Beans Mixed Fruit GRAB & GO SALAD (7-12)	Stuffed Crust Broccoli Salad Orange
Nutri Grain Bar Yogurt Apple Slices	Cocoa Bar Cereal Applesauce	Egg & Cheese Wrap or Cereal & Tiger Bites Peaches	Muffin Yogurt Parfait Strawberries	Pancake Stick String Cheese Mixed Fruit
Waffle Sausage Potato Triangles Cherry Star Juice Applesauce GRAB & GO SALAD (7-12)	Chicken Patty Creamed Lettuce Peppers & Cucumbers/Dip Pears GRAB & GO SALAD (7-12)	Lasagna Roll Up Steamed Carrots Blueberries Garlic Knot GRAB & GO SALAD (7-12)	Chicken Nuggets (K-12) General Tso Rice Broccoli Mandarin Oranges GRAB & GO SALAD (7-12)	Breakfast Pizza Three Bean Salad Apple
Poptart Yogurt Orange	Sweet Roll Cereal Applesauce	Breakfast Sandwich or Cereal & Tiger Bites Pears	Muffin Yogurt Parfait Craisins	Funnel Cake String Cheese Mandarin Oranges
French Toast Sticks Sausage Potato Triangles Sunset Sip Juice Applesauce GRAB & GO SALAD (7-12)	Grilled Cheese Tossed Salad Mini Carrots/Dip Peaches GRAB & GO SALAD (7-12)	Chicken Drumsticks Whipped Potatoes & Gravy Corn Strawberries Biscuit GRAB & GO SALAD (7-12)	Hamburger or Fish Sandwich Macaroni & Cheese Peas Coleslaw Apple Slices GRAB & GO SALAD (7-12)	Cheese Pizza Macaroni Salad Tropical Fruit
Granola Bar Yogurt Apple	Donut Cereal Applesauce	Egg & Cheese Wrap or Cereal & Tiger Bites Peaches	Muffin Yogurt Parfait Strawberries	Breakfast Tornado String Cheese Apple Slices

BREAKFAST & LUNCH ARE FREE FOR ALL STUDENTS

BREAKFAST INCLUDES JUICE & MILK, LUNCH INCLUDES MILK—Fat Free, 1% & Fat Free Chocolate Milk

MENU SUBJECT TO CHANGE

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