




# NOVEMBER 2023



## CABBAGE



		Soft Taco Lettuce & Tomato Salsa Refried Beans Blueberries	Corn Dog Creamed Lettuce Broccoli & Cauliflower/Dip Mixed Fruit	Cheese Pizza Macaroni Salad Pineapple & Grapes
		Breakfast Sandwich or Cereal & Tiger Bites Mandarin Oranges	Muffin Yogurt Parfait Raisins	Pancake Stick String Cheese Mixed Fruit
		1	2	3
Waffle Sausage Potato Triangles Cherry Star Juice Applesauce	Chicken Patty Tossed Salad Peppers & Cucumbers/Dip Peaches	Salisbury Steak Whipped Potatoes & Gravy Green Beans Strawberries Dinner Roll	<b>NO SCHOOL</b>	Breakfast Pizza Broccoli Salad Orange
Poptart Yogurt Pineapple	Cocoa Cherry Bar Cereal Applesauce	Egg & Cheese Wrap or Cereal & Tiger Bites Peaches		Funnel Cake String Cheese Raisins
6	7	8		10
French Toast Sausage Potato Triangles Sunset Sip Juice Applesauce	Lasagna Roll Up Steamed Carrots Blueberries Garlic Knot	Chicken Nuggets (K-12) General Tso (6-12) Rice Broccoli Mandarin Oranges	Italian Wrap Creamed Lettuce Mini Carrots/Dip Mango	School Pizza Pasta Salad Apple Slices
Granola Bar Yogurt Orange	Sweet Roll Cereal Applesauce	Breakfast Sandwich or Cereal & Tiger Bites Raisins	Muffin Yogurt Parfait Mandarin Oranges	Apple Turnover String Cheese Mango
13	14	15	16	17
Pancakes Sausage Potato Triangles Dragon Juice Applesauce	Hot Dog Whipped Potatoes Sauerkraut Tropical Fruit Chocolate Chip Cookie	1:00 DISMISSAL PB&J Doritos Mini Carrots/Dip Apple Slices	<b>NO SCHOOL</b> 	<b>NO SCHOOL</b>
Nutri Grain Bar Yogurt Apple Slices	Donut Cereal Applesauce	Egg & Cheese Wrap or Cereal & Tiger Bites Tropical Fruit		
20	21	22		
<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	Chicken Drumsticks Whipped Potatoes & Gravy Corn Strawberries Biscuit		
		Breakfast Sandwich or Cereal & Tiger Bites Applesauce		
		29		

BREAKFAST & LUNCH ARE FREE FOR ALL STUDENTS

BREAKFAST INCLUDES JUICE & MILK, LUNCH INCLUDES MILK

MENU SUBJECT TO CHANGE

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